



## **INTERNATIONAL PEACE FESTIVAL**

promoting peace through film, music, and art  
[internationalpeacefestival.com](http://internationalpeacefestival.com)

**SEPTEMBER 18<sup>th</sup> – 20<sup>th</sup>, 2020**

### **Artscape Daniels Spectrum**

585 Dundas St. E, Toronto, ON, M5A 2B7  
(plus live streaming)

**FRIDAY, SEPT 18**

### **5PM - 9PM ~ ART FOR PEACE: (3-Day Art Exhibition)**

*Artists: Carlos Delgado, Brent Hardisty, Susan N. Stewart, Moses Salihou, Joanie Ellen  
Tanzina Amin, William Tyler, Samar Hejazi, Angela H. Kim, Hagop Ohannessian  
Catharina Goldnau, Gillian Iles, Morgan Sheardown, Leone McComas, Ishmil Waterman*

### **6PM ~ Welcome and Introductions**

### **6:30PM - 7:30PM ~ Artist film screening & Panel discussion with art industry professionals**

*Panelists: Megan Kee, Susan N. Stewart, Tanzina Amin, Joanie Ellen, Brent Hardisty*

### **7:30PM – 9PM ~ Opening Reception: Music and Entertainment**

**SATURDAY, SEPT 19**

### **8AM - 10AM ~ YOGA AND MEDITATION**

Yoga & meditation Workshop  
Q&A: How to overcome pain and suffering after a breakup

### **10AM - 1PM ~ FINDING INNER PEACE Workshops and Panel Discussions**

Mike Douglas: Finding Inner Peace Through Self-Discovery. (1 min)  
Isaac Murdoch: Global Unity-Support Diversity (20 min)  
Unstoppable Tracy: Stand up tall. How to deal with bullies? (6 min)  
Unstoppable Tracy: Everyone is included. (3:30 min)  
Urszula Urac: Finding Inner Peace Through Self-Care. (3 min)  
Amal Benoit: Finding Inner Peace Through Mindfulness (20 min)  
Denise Garrido: Be present in the moment (45 sec)  
Scott Dietrich: Focus on solutions not problems (45 sec)  
Marigold Mioc: Be in love with yourself (45 sec)  
Spider Jones: Panel discussion - Systemic racism (10:45AM – 11:30AM)  
Danilo Tomanovic: Panel discussion – Technology and Mental Health (11:30AM – 12:15PM)  
Erwin Sniedzins: Panel discussion - Cyrus Cylinder for peace and human rights (12:15PM – 1PM)

**1PM - 6PM ~ FILM FOR PEACE: Movie Screening and Panel Discussions**

**6PM - 9PM ~ MUSIC FOR PEACE: Local and International Musicians**

**SUNDAY, SEPT 20**

**8AM - 10AM ~ YOGA AND MEDITATION**

Yoga & meditation Workshop

Q/A: What is your definition of INNER peace? How do you practice? What is the Result?

**10AM - 1PM ~ FINDING INNER PEACE Workshops and Panel Discussions**

Christine Yap World premiere: Our blind spots to Peace! (30 min)

Elsa Hsieh: Finding Inner Peace Through Music. (3 min)

Bobby Hebert: Visvakarma Dasa Chant for Peace

Ella Farida: Peace will find a way

Alie Amaral: I Believe In Power Of Love. (11 min)

Denisa Gokovi: Global Goodwill Ambassador, Albania (1 min)

Fleur Golding: My favourite window (45 sec)

Lily Ahonen: Be part of the community (25 sec)

Dr. Ewa Antczak: Panel discussion - Peace in times of Pandemic and Fear (10:45AM – 11:30AM)

Erwin Sniedzins: Panel discussion - Cyrus Cylinder for peace and human rights (11:30AM – 12:15PM)

Shelley Jarrett: Panel discussion - Gender-based violence (12:15PM – 1PM)

**1PM - 6PM ~ FILM FOR PEACE: Movie screening and Panel Discussions**

**6PM - 8PM ~ Awards**